



# HBC YOUTH HAUORA NETWORK

## JOIN US

We would love to invite you to get to know us, as we are a wonderful community of people and organisations who are all trying to improve the hauora (wellbeing) of our rangatahi (young people) and we believe we can achieve more together than we could alone - and that includes you!

November, 2023



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# BACKGROUND

In June 2023 a group from across 18 organisations came together as a continuation of a 'Resilient Youth Ecosystem' project that the Hibiscus and Bays Local Board had developed. In August we entered the Ember Innovations Flourishing Youth in North Auckland Challenge which has brought us to here now - where we have over 60 different organisations represented. After 4 months of mentoring and development, we have a structure as a collective to ensure everyone has a voice and nothing is done alone. There is no minimum participation for membership and we are committed to creating benefit regardless of how you engage with us.



## VISION

The hauora (wellbeing) of all young people is well supported, and our rangatahi (young people) are able to thrive

## MISSION

To connect, strengthen and enable the youth ecosystem by weaving together a diverse net of individuals and organisations supporting youth hauora across the community.

## MEASURES

We are working with intention and purpose and for that we are building in ways to measure the impact - to start with we have some basics like:

1. Numbers and participation with meetings & newsletters
2. Every 6 months we are doing an engagement survey of the database
3. We are gathering and compiling available data on youth wellbeing across our area and wider.

**WE DO THINGS AS A COLLECTIVE THAT WE COULDN'T DO ALONE**

# COLLECTIVE IMPACT

## ACTIVITIES

Monthly network meetings and fortnightly online newsletters



### COASTIVAL EVENT

An event designed to bring the community together -with a focus on finding out what is in our community for young people.



### YOUTH-LED PROJECTS

Using an online platform to let our rangatahi lead, coming up with ideas-what ideas get funded and then deliver their own projects and we are just supporting.

## MID-TERM GOALS

### SUSTAINABLE DEVELOPMENT

There are not a lot of overhead costs with the Network but to build long term sustainability.

### COLLECTIVE RESOURCES

Being able to create collective roles that work across the network reducing the burden on individual organisations and creating a more appealing opportunity -like a full time fundraiser

### WEBSITE

We want to build a website that is able to provide a deeper level of connection and information sharing and communication.

## SHORT TERM GOALS

### CRISIS TO THRIVING



More than just mapping the pathway from crisis to thriving for our rangatahi. We want to build relationships and collaborations (a net) and reduce the gaps. By adding **Hauora Navigators** we can provide help navigate the net to further support our rangatahi on their journey to thriving.



### STATE OF THE COAST

We want to create a 'State of the Coast' data collection method where organisations can contribute data and gain access to data in formats that will help them from planning to reporting.

## LONG -TERM GOALS

- We want to build a network that thrives long term, sustainable and responsive.
- We want youth to be part of our succession planning, more than just youth voice.
- We want to provide scholarships and ways to remove barriers to youth thriving such as participation.
- We want to be able to use the collective impact of the network to strengthen the net supporting the youth in our community.

**THRIVING** When a young person is thriving they are **confident**, have a strong **identity**; they are **cared for** and they feel like they **belong**.

# CRISIS TO THRIVING



## THE PROJECT

We are mapping and joining up the range of organisations, groups and other providers working across the ecosystem from crisis to thriving. More than just knowing each other, but building collaborative relationships, understanding the ways of working and identifying gaps. Weaving the net is the beginning, but having Hauora Navigators will provide consistent, safe and friendly faces to help navigate the journey from crisis to thriving.

## WHAT THE DATA SAYS

- We have increased mental distress within our rangatahi across New Zealand, and it is in line with global patterns.
- We know there is a range of factors what are attributed to the cause of a young person in crisis including:
  - Covid-19, Inter-generational trauma, social media, racism and discrimination, violence and abuse (including drugs and alcohol).
- There are definitions for what thriving means- and we are using is Confident, Strong Identity, Cared for and Belonging.
  - aligned with Te Whare Tapa Whā
- The Mental Health & Wellbeing Commission's 'Cross-Party Under one Umbrella' report and identified 4 focus areas including more cross-sectional activities and local flexibility
- Young people have said they want a place that is comfortable, accessible, welcoming, embedded in the community, provides holistic treatment, is adaptable and is youth focused.

## STAGE ONE

We are mapping our ecosystem - those connected in the network, and those who are not. We want to create more than just a database, but an understanding, relationships and collaborations so we can identify the right pathway regardless of what factors are creating the crisis - and to identify any gaps that our ecosystem is not able to cover.

## STAGE TWO

Youth Healthify: He Puna Waiora is a online health navigation platform. This is useful, but we believe we will have more impact if we have **Hauora Navigators**, who can be a single point of contact for our young people in crisis to walk beside them as they journey from crisis to thriving.

## SUPPORT THIS PROJECT

### CONNECT WITH US

If your organisation is doing anything that impacts a young persons life (crisis to thriving) then we would love to connect you to this project

### SUPPORT US

We are a network of people and organisations committed to working together to support the hauora of young people and financial support would enable us to develop the project by bringing in a dedicated resource (someone who can project manage this project.)

[hello@youthhauoranetwork.org.nz](mailto:hello@youthhauoranetwork.org.nz)

# STATE OF THE COAST

## THE PROJECT

We want to create a system for collecting data relevant to our youth ecosystem on the Hibiscus Coast in a way that enables the organisations from within the extract data that is relevant to them. We also want to be able to annually produce a 'State of the Coast' similar to Salvation Army's 'state of the nation' report.



### CONNECT WITH US

If this is something you are interested in, we have a small project team currently holding this, but we always welcome more help.

[hello@youthhauoranetwork.org.nz](mailto:hello@youthhauoranetwork.org.nz)

### SUPPORT US

This project needs support with resourcing for the project management that will be supported by a working group. There will also be resources needed to develop a system for collecting and making the data accessible.



# PROJECTS / ACTIVITIES

## SUSTAINABLE DEVELOPMENT

We need a growth plan that is building our capacity and capability as we grow. We want to have a diverse funding strategy, even through the network has minimal overheads to continue with projects and adding value to our community we need to ensure we are setting up long term strategies, partnerships and succession planning.

### SUPPORT US

Resourcing for project management mentoring for small working group

## WEBSITE

We have a placeholder, and we are still developing what we want included in our website, but it could potentially house the 'State of the Coast' platform.

### SUPPORT US

Are you a web-developer?  
Resourcing for web-designer

## YOUTH-LED ACTIVITIES

The Wellbeing Protocol is an online platform that will allow us to create an online community. Here, young people will be able to share ideas of what they want to do, gain support and receive funding to assist them with the activities. With support from the Network, they can do the things that matter to them.

### SUPPORT US

Anyone can financially contribute to this - from \$10 to \$10,000 as it can just continue to offer opportunities for youth.

## SHARED RESOURCES

If we were able to employ a full-time fundraiser and organisations within the network could opt in - and use that fundraiser for their work as well as the network activities. This reduces the burden on the individual organisations, creates more opportunities for collaboration and makes the role more appealing as a job. This is an example of how we can create shared resources.

### SUPPORT US

Start up capital to enable us to bring someone on for a year

## COASTIVAL

This event is designed to create connections between our ecosystem and the rangatahi and their families so they can get to know what is available to them in the community, to give things a go - while helping promote the network.

### SUPPORT US

Does your organisation want to be part of the event?  
Sponsorship, donations, funding

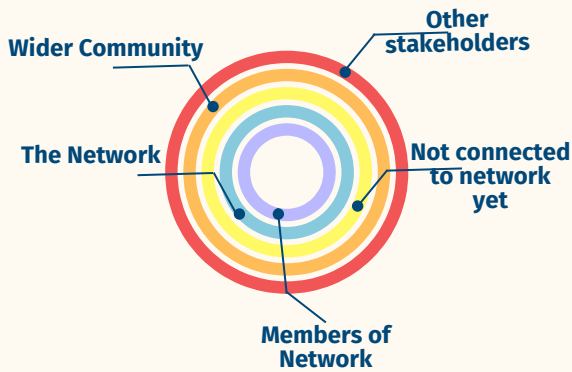
## NETWORK

Our facilitator is focused on building relationships across the ecosystem and keeping the channels of communication open.

### SUPPORT US

Resourcing for the facilitator

## STAKEHOLDERS



The Network is based on an ecosystem, the only criteria to be part of the network is an interest in supporting the wellbeing of youth.

There are many ways to be 'part of the network'

- Members of the Network** is something we are looking to introduce as we develop - where you can pay a membership fee - giving you full access to the 'State of the Coast' and 'Shared resources' as well as all of the other benefits of being part of the network.
- The Network** is where you can connect in, come to meetings or just receive the newsletter and stay up to date - there is still a lot of benefit for being connected to the Network - like the relationships, the professional development and information sharing.
- Not connected to the Network** we know there are organisations, groups and clubs that contribute to youth wellbeing in our area that are not yet connected to the network.
- Wider Community** is recognising there is a wider youth wellbeing community outside of our geographical area that is valuable to our network
- Other stakeholders** is the partners, funders, supporters who sit on the outside of the Network

## TIMELINE

The projects timeline depends on resourcing.





# RESOURCING THE NEEDS

## THE NETWORK

Facilitation, Relationship building and consumables

## COASTIVAL

Event Costs incl advertising Traffic management, Waste.

## YOUTH-LED ACTIVITIES

Funding for youth-led grants

## CRISIS TO THRIVING

Project management  
Hauora Navigators

## STATE OF THE COAST

Project management  
building data collection/sharing platform

## SUSTAINABLE DEVELOPMENT

Project management

## COLLECTIVE RESOURCES

Fundraiser - first year salary

## WEBSITE

Web-design

## Outcomes

## Network

- Collective Resource Membership
- Grants
- Local Government
- Central Government
- Donations, sponsorship



# CONNECT WITH US

There are many ways you can join us. You can sign up for the newsletter, come along to our monthly network meetings, join a working group for a project or help financially.

But more than anything we want you to join us - creating a diverse ecosystem supporting youth wellbeing

## CONTACT US

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[www.youthhauoranetwork.org.nz](http://www.youthhauoranetwork.org.nz)



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